

LUKE 10 EXPLORATION TRIP POLICIES

1. Following instructions of Luke 10 Exploration Trip Leader is mandatory. Any direct defiance of this authority will result in immediate termination of your participation in the Luke 10 Exploration Trip experience, and you will be sent home at your own expense.
2. Conduct is to be that expected of a Christian person – willing to give and take and maintain the spirit of unity and harmony of the group, to extend politeness and courtesy to those with whom we come in contact – nationals (local people where you visit), trip leaders, and team members. You will be expected to have a positive attitude.
3. No smoking or tobacco of any form, drugs, or alcohol permitted.
4. Participation in ALL Luke 10 Exploration Trip activities is expected. You will be expected to give your very best at all times during the Luke 10 Exploration Trip.
5. Due to cultural consideration, practical jokes are not permitted.
6. You will be expected to acclimate to the culture whether you are overseas or in the U.S. This may mean eating food you are unfamiliar with or don't particularly like or participating in foreign customs. Your willingness to try new things, and to accept hospitality offered to you is a critical expression of love and acceptance to hosts and local culture. It is a primary way that you will communicate that you like them and that you wish to acclimate in the spirit of incarnational ministry.
7. Pairing off is not permitted while on a team mission trip, as it tends to distract from the real purpose of the trip. There are no 'couples' on a Luke 10 Exploration Trip, other than those who are married.
8. Separation from a group is NEVER allowed unless team leader gives permission and you are accompanied by other team members.
9. It is very important that you dress in a neat, clean, and modest fashion. Your appearance is important for how the local people will perceive you. You may have to submit to certain restrictions regarding dress and appearance according to culture where you will be a guest.
10. Being present with the team and the activities of discernment is required for an effective positive experience. Please let your family and friends at home know that you are away, that no news is good news, and that you will have very limited access to communications. Short term missions experiences have shown us that too much contact with home can be not only distracting from focus of work/ministry on the mission field, but also create homesickness or obsession with what is going on back home such that a team member is not fully present with the mission of the trip.
11. There will be more specific expectations and guidelines communicated to the team as appropriate for destination and ministry.

EVANGELICAL FRIENDS MISSION LIFESTYLE POLICY- VOLUNTEERS

Evangelical Friends Mission expects all persons who serve EFM to represent a high moral character and to observe a high standard of ethical conduct. EFM volunteers should conduct themselves both on and off their assignment in a manner that will ensure their activities exemplify the best qualities of a mature believer and servant/leader reflecting favorably on EFM. This should be the result of every person's desire to serve the body of Christ through his or her service with Evangelical Friends Mission.

EFM Volunteers must agree to uphold prohibitions delineated in scripture including the standards of conduct set forth below and the EFM Statement of Faith. These standards of conduct are to be regarded as minimal examples of the complete, Christ-like standard set for us in the Bible and may be supplemented, but never contradicted, by other express commandments set forth in scripture.

1. Out of respect for the conscience of Christians within our community and concern for the message conveyed to the community at large, the following behavior is always discouraged at any time, on assignment with EFM or not:
 - a. Indiscriminate choice of entertainment whether live or via any communication media,
 - b. Immodest dress, and
 - c. Inappropriate language
2. The following behavior is prohibited anytime, on assignment with EFM or not:
 - a. Sexual relations outside of marriage,
 - b. Drunkenness or any excessive use of alcohol,
 - c. Use or possession of illegal drugs,
 - d. Use or possession of pornographic materials, or
 - e. Other biblically prohibited activities.
3. Certain conduct may not be explicitly forbidden by scripture and may include behaviors practiced by some as matter of Christian freedom as may be the case with the use of alcohol or tobacco, some aspects of entertainment, gambling and others. EFM recognizes the need for prudence in these activities to eliminate any chance of being a stumbling block to the weak or inadvertently committing a cultural offense while serving with our sisters and brothers cross-culturally. As such volunteers should abstain from these practices while traveling on assignment with EFM.

These standards should be part of a way of life that is measured by the heart and commitment of each volunteer. Any uncertainty about whether particular behaviors violate a biblical standard as determined by EFM should be directed to the Executive Director.

LUKE 10 EXPLORATION TRIPS

Planning for the Luke 10 Exploration Trip: Team members will receive further communication on how to prepare, including an orientation schedule, destination-country and trip specific details, and sample packing list (to pack light!), but here are a few things to keep in mind.

Costs for Luke 10 Exploration Trip: Total costs and deadlines will be communicated to team members by the Luke 10 Team Leader. Base trip “registration” cost includes all airfare, visa, transportation, meals, lodging and logistics expenses.

Items not included with base registration:

- Your flight to and from departure city.
- Passport costs.
- Personal items necessary for trip.
- Personal spending money, souvenir money, and offering.
- Any minimal immunizations. We ask that you have a tetanus/diphtheria shot in the last 10 years and recommend you be immunized for COVID-19 (it is possible that your trip may have requirements for COVID-19 testing).
- Costs for any unexpected required COVID quarantine in such case that you would test positive in any required COVID tests during travel, if the cost exceeds the team travel budget for which registration cost is based on.
- You may be required to participate in virtual orientation and/or book reading, to be announced.

Passport: You will need a passport with an expiration date at least 6 months after trip dates. You can obtain the application and instructions at any U.S. Post Office. See <http://travel.state.gov/passport/> for more information. Note that passport processes have been quite long lately, so do not delay getting started and consider expediting as needed.

Immunizations: EFM requires participants to have proof of a Tetanus/diphtheria shot in the last 10 years and recommends COVID-19 vaccination. Please take the time to read requirements and recommendations for the country that you will be visiting at the website of the US Centers for Disease Control (<https://www.cdc.gov/>) and consult with your doctor. Use your county health department to greatly cut immunization costs. Note that it takes a few months for some immunizations to become effective, so don't delay in starting. Keep your immunization records with your passport.

Note: Your team leader will work with you to keep up to date with requirements for travel during this COVID-19 era, including airline requirements, and country by country vaccination, testing and quarantine requirements. Your team leader will give you orientation in avoiding sickness based on destination and your team can communicate openly with any hosts concerning practices you are following to avoid travel sickness and to exercise care in providing only safe food and drink.

Spending Money: Most team members will want money to buy drinks or snacks (if it's available). You may want to bring back souvenirs from your trip. If so, you need to reserve money specifically for this. You should plan ahead as to how much you want to spend.

Offering: Usually, team members will not only feel a need to give of their ability, time, and talents on these trips, but may also feel compelled to give an offering if you were to visit a church or church service. Your team can work together to discern how to give and how much is appropriate to give. Your trip costs already will generally provide appropriate host gifts and pay for team expenses as appropriate. Many problems can be caused on the mission field when team members give too much or don't give it properly.

Money Exchange: Your team and any local hosts will assist you in exchanging money as needed. You will want to be aware of any requirements for condition or size of USD bills for exchange where you are visiting, and whether or not ATM machines are available or not.

Losses: EFM and your host church or region/yearly meeting is not responsible for any team member's lost money, stolen money, damaged baggage, lost luggage, or loss of any personal property.

Travel Expense Changes: The Luke 10 Exploration Trip Budget is set according to travel cost estimates, which could change. If there is a dramatic increase or decrease in travel costs, this change may be passed on to the team members (you'll be notified in ample time of any changes).

Early Return Home and Cancellation Policy: In the event a team member has to return home due to illness or disciplinary action, it would be at the expense of the team member. You are fully responsible for any expenses incurred by Luke 10 Exploration Trip leadership due to your commitment, deposit and acceptance to the team that can not be refunded to leadership.

Insurance: Since most people are covered by standard emergency medical insurance according to their own preference, none is provided by EFM. Please check your insurance coverage, and if you are not adequately covered, it is your responsibility to secure a short-term travel policy if you wish to.

Medical Attention: Doctors and hospitals are available in most all areas. Team members are responsible for doctor and hospital bills. Of course, team leaders will see to it that team members are well cared for and any required medical attention is administered and paid for, but leadership and EFM will expect full reimbursement for any such expenses once the team returns home.

Fundraising: *"All resources are limited, but NEVER LACKING for HIS assignments!" -Carol Davis, Mobilizer*

Raising your support- It is important for you to remember, from the beginning, that the challenge and joy of serving or being a missionary, is in depending on God. You must trust and obey! Dedicate every detail of His mission to God in prayer. If it is God's will that you be a part of this mission trip, He will

provide a way. In our experience of mission trip team members raising funds, we have not had even one person who wasn't able to raise the necessary funds to pay their trip costs when they are faithful to take needed steps for fundraising work.

This is your chance to experience on a very small scale what most career missionaries experience for their lively hood on the field.

In approaching people to ask for help with your financial support, it is important to help them understand what you will be doing, that you believe this is God's will for your life, and what the purpose of the Luke 10 Exploration Trip is – including if it is something you are doing to explore a possible career-ministry 'calling' on your life. Some suggestions of people you might want to contact include: Family relatives, church leaders, church members, neighbors, and people in your community.

In looking at the amount of money you may need to raise for your trip, it may seem overwhelming. Remember that funds can come from a number of sources over a period of a few weeks or months, which will make it seem more attainable.

You will be provided with a sample fundraising letter upon acceptance to the team.

Responding to donors: As with any missionary, it is important that you keep a list of contributions and donors. These are people who, among others who support you in other ways, you will need to thank and probably send thank you messages and a brief report on your Luke 10 Exploration experience. This list may also include some people who you will want to brief on your schedule and specific prayer requests before you embark for the Luke 10 Exploration Trip.

Tax-Deductible Contributions: Contributions to the Luke 10 Exploration Trip via EFM or your church may be tax-deductible in the United States when handled as follows: Checks or money orders from contributors MUST be payable to EFM or the church. This is the only way they can be tax deductible. The team member's name is NOT to appear on the check. All gifts eligible for tax-deduction consideration are donations to EFM or the church in the name of Luke 10 and your participation. Contributors whose gifts meet these guidelines will be provided a receipt for their tax-deductible contribution.

Contribution Deadlines: Your deposit is due on the posted deadline in order to be considered a member of the team. All trip cost payments must be turned in by the posted deadline before the trip, unless other arrangements have been made with your team leader.

Over-Pledges: Team Members cannot personally receive money contributed in their behalf to EFM, even if it is over the mission trip expense. Therefore, if a person wishes to give spending money to a team member after the mission trip registration has been covered, it should be given to the team member personally, and not paid to EFM. This money is not tax-deductible.

Any money received by EFM that is over the required registration for a particular team member will be applied to other expenses and Luke 10 Team costs at EFM. In the case of future missionaries who are participating in Trips and Retreats with EFM, funds donated on their behalf are being held at EFM with designation to their support for present and future activities with EFM in which they participate.

Cancellation Policy: If a team member cancels, for any reason, before the trip departure date, any costs that are non-refundable to EFM, the team leader or church, will be deducted, as that money will already have been disbursed and/or committed to the Saltshaker team's budget. Contributions are not refundable in any case. Deposits are non-refundable unless an applicant is not able to be accepted for any reason, in which case EFM will refund the deposit in full.